



Weekly Plan 03 August 2026 - 07 August 2026

Mon (3)	Tue (4)	Wed (5)	Thu (6)	Fri (7)
BREAKFAST Yogurt, Bananas	BREAKFAST Cinnamon Toast, Applesauce	BREAKFAST Ham and Cheese English Muffins	BREAKFAST Cereal	BREAKFAST Eggs/ Weenies
AM SNACK Raisins	AM SNACK Celery w/ Cream Cheese	AM SNACK GoGurt	AM SNACK Cheese Cubes	AM SNACK Cucumbers w/ Ranch
LUNCH Chicken Salad Sandwich, Sunchips, Fruit	LUNCH Baked Ziti, Salad, Fruit	LUNCH Lo Mein with Vegetables, Fruit	LUNCH BBQ Meatballs, Dinner Roll, Mashed Potatoes, Fruit	LUNCH Bean & Cheese Burritos, Corn, Fruit
PM SNACK Cheez its	PM SNACK Pickles	PM SNACK Fruit	PM SNACK Chexmix	PM SNACK Wheat Thins